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Anti-Aging Benefits of Macrodermabrasion

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If you've been undergoing [microdermabrasion](#)* treatments or are considering laser skin resurfacing to improve the texture and tone of your skin, eliminate the signs of aging and ward off wrinkles, you may be a good candidate for a treatment called macrodermabrasion. Macrodermabrasion is designed to exfoliate the outer layers of the skin in the same way as microdermabrasion, but there is no vacuuming or suctioning involved. Here's a close look at how macrodermabrasion works, and what its key anti-aging benefits are:

*Macrodermabrasion is a Trade marked procedure performed by the on and only Salt-a-Peel System by Med-Aesthetic Solutions, Inc, Cardiff, CA @ www.yourmas.com/saltapeel

How Macrodermabrasion Works

Macrodermabrasion is a non-invasive procedure that can be performed on all skin types. The procedure is designed to treat sun damage, uneven pigmentation and eliminate the signs of premature aging, and is typically performed in under an hour.

The handpiece is designed with a rough end that gently buffs and sands away dead and dull skin. The esthetician or physician may also use non-toxic sodium chloride (salt) in conjunction with the hand piece tool at the proper angle of impingement, to remove dead skin cells quickly, without causing scarring or damage to the skin's surface. The macrodermabrasion hand piece glides over the face and neck area, and the gentle circular motions help to remove dead skin cells, increase circulation to the skin's surface and open up the pores.

Ultimately, macrodermabrasion acts as a polishing treatment to create very smooth and supple-looking skin. Since it is designed with ultrasound technology, any acids and serums such as glycolic acid, anti-aging serums and lactic acid, penetrate deeper into the skin's surface which in turn, promotes faster skin renewal. Most medical spas and dermatologists administer the macrodermabrasion treatment by using a scientifically-formulated cream that helps strengthen the skin and promotes healthy skin renewal.

Key Benefits of Macrodermabrasion

Macrodermabrasion offers a number of benefits for aging skin or for individuals who are noticing the signs of premature aging. Some of the key anti-aging benefits of this skin rejuvenation procedure include:

- Removes fine lines and wrinkles around the eyes and mouth
- Reduces appearance of age spots
- Evens out a ruddy complexion or uneven skin tone
- Delivers products deep into the dermal layers
- Can be combined with other procedures such as laser skin resurfacing
- Results expected within days after treatment
- Promotes healthy skin renewal
- Helps build collagen
- Makes skin more resilient
- Reduces appearance of acne scars and minor topical scars
- Increases firmness of the skin
- Stimulates the natural cell renewal process

There is no downtime involved with macrodermabrasion, so you can resume regular activities and put makeup on shortly after the treatment.

Most people see results with a series of 6 to 8 treatments every two weeks, and the entire treatment with a facial may take up to 90 minutes, depending on the practitioner. In addition to removing scars and freshening up the skin tone, macrodermabrasion has been FDA-approved for treating stretch marks.

Learn more about [skin rejuvenation procedures](#) in our information guide, or consult with an [anti-aging specialist](#) in your area to find out if you may be a good candidate for the macrodermabrasion procedure.



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